MORENDAT TRAINING & CONFERENCE CENTRE (MTCC)

À la Carte Menu

NAIVASHA • KENYA

MORENDAT TRAINING AND CONFERENCE CENTRE

À LA CARTE MENU

Breakfast

Served from 6:30am to 10:30am

Morendat Full Breakfast Buffet ..... **KSH 1,200**

A wide selection of freshly prepared breakfast items (The day's Buffet served)

English Breakfast ..... **KSH 1,100**

Baked beans, mixed Vegetables, Assorted pastries, assorted fruit cuts Bacon, sautéed potatoes, toast, sausages, eggs to choice, served with tea or freshly brewed coffee

Standard Breakfast ..... **KSH 1,000**

Assorted Fruit cuts, Eggs, Live Cooking, Pancakes, sausages, choice of bread, served with tea or freshly brewed coffee

Fluffy Pancakes ..... **KSH 450**

Light fluffy pancakes with honey syrup and butter

Eggs & Omelettes

Fried Eggs ..... **KSH 300**

Crispy, golden and flavourful, cooked to your preference

Spanish Omelette ..... **KSH 350**

Fried onions, bell peppers, tomatoes and chillies

Plain Omelette ..... **KSH 250**

Served to perfection

Boiled Eggs ..... **KSH 250**

Served with diced kachumbari

Key

- Sausage – 2 pcs
- Eggs Portion – 2 pcs
- Bacon Portion
- Potatoes Portion
- Toast 2 pcs
- Pancakes 2 pcs

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Starters & Soups

French Onion Soup ..... **KSH 300**

A portion an onion gently sautéed in meat stock, served with fresh bread rolls

Mushroom Soup ..... **KSH 300**

A portion of sautéed mushrooms finished in a béchamel sauce

Butternut Squash Soup ..... **KSH 250**

A portion of thick, creamy and comforting

Chicken Noodle Soup ..... **KSH 300**

A portion of homemade chicken broth with noodles

Bone Soup ..... **KSH 300**

A portion of rich beef stock, deeply seasoned with natural herbs

Cream of Mixed Vegetable Soup ..... **KSH 250**

A portion of hand-picked garden vegetables, finished with cream

All soups are served with fresh bread rolls.

Chef's Cold Salad Corner

Chicken Caesar Salad ..... **KSH 600**

Lettuce, olives, chicken strips, croutons, boiled egg, parmesan, anchovies and creamy garlic dressing

Avocado Salad ..... **KSH 400**

Fresh ripe avocado, tomatoes, onions and coriander with a lemon-garlic dressing

Chef's Special Salad ..... **KSH 400**

Crispy lettuce, boiled egg, ham, cheese and tomato wedges dressed in Thousand Island sauce

Greek Salad ..... **KSH 600**

Tomatoes, cucumber, onions, feta cheese, olives and green pepper dressed with vinaigrette

Key

Soup (Portion) – 200ml

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ENTREES

Beef

Grilled Beef Tenderloin ..... **KSH 800**

A portion well marinated tenderloin of beef finished with pepper sauce

T-Bone Steak ..... **KSH 900**

A portion of marinated T-bone steak served with a red wine sauce

Beef Goulash ..... **KSH 750**

A portion of cubes of beef in a rich brown sauce with seasonal mixed vegetables

Beef in Kgs ..... **KSH 1,800 / kg**

Portion of marinated beef on the bone, seasonal herbs and sauce, served with a choice of 4 accompaniments

Key

- Portion 300g

Lamb & Goat

Garlic Butter Lamb Chops ..... **KSH 900**

A portion of grilled chops, minted and honey-glazed

Dry Fried Goat ..... **KSH 900**

A portion of tender lean goat meat with onions, garlic and ginger, garnished with coriander

Boiled Lamb ..... **KSH 900**

A portion of boiled with onions, tomatoes and natural seasonal herbs

Wet Fried Goat ..... **KSH 900**

Cooked to wet perfection, topped with capsicum, coriander and seasonal herbs

Lamb in Kgs ..... **KSH 2,000 / kg**

Well marinated lamb finished with pepper sauce, served with a choice of 4 accompaniments

Key

- Portion – 250g

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Poultry Delicacies

Rosemary Roasted Chicken ..... **KSH 600**

A 0.25kg portion of rosemary-roasted chicken

Wet Fried Chicken ..... **KSH 600**

Cubed chicken breast tossed in a tomato-based sauce

Curry Chicken ..... **KSH 700**

Cooked in curry sauce, served with guacamole and kachumbari

Sizzling Chicken ..... **KSH 800**

Cornstarch-coated chicken tossed with pepper, onions, garlic-ginger paste and carrots

Grilled Supreme Chicken ..... **KSH 800**

Marinated and oven-cooked, served with chef's supreme sauce

Full Broiler Chicken ..... **KSH 1,600**

Coated in garden herbs and tossed in sauce, served with a choice of 4 accompaniments

Full Kienyeji Chicken ..... **KSH 2,500**

Traditional free-range chicken coated in garden herbs, served with a choice of 4 accompaniments

Key

- Portion – 0.25kg

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Pork

Pork Chops (Portion) ..... **KSH 900**

Grilled cutlets with sliced pineapple, served with a sweet and sour sauce

Honey Glazed Pork Chops (Portion) ..... **KSH 950**

Grilled and glazed with honey, served with a choice of accompaniment

Grilled Pork Spareribs (Portion) ..... **KSH 800**

Marinated spareribs finished with a sweet and sour sauce

Pork in Kgs ..... **KSH 1,500 / kg**

Marinated pork finished with a sweet and sour sauce, served with a choice of 4 accompaniments

Key

- Portion – 300g

From the Aquatic Corner

Whole Tilapia (Fried) ..... **KSH 1,000**

Marinated and cooked to perfection, dry or wet, with a choice of accompaniment

Whole Tilapia (Boiled) ..... **KSH 1,000**

Naturally boiled with onions, tomatoes and herbs

Nile Perch Fillet (portion) ..... **KSH 1,000**

Pan-seared and served with lemon butter

Traditional English Fish ..... **KSH 1,100**

Nile perch fillet in a crisp batter, served with tartar sauce

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À LA CARTE MENU

Vegetarian Dishes

Mixed Vegetable Stew ..... **KSH 500**

A portion of vegetables in a tomato-based sauce and coconut cream

Vegetable Curry ..... **KSH 550**

A portion of vegetables cooked in curry sauce and coconut milk

Githeri ..... **KSH 300**

A portion of fresh boiled maize and beans in a rich tomato-based sauce

French Fries Masala ..... **KSH 350**

A portion of Saucy, spicy french fries garnished with coriander

French Fries ..... **KSH 250**

A portion of freshly cut potatoes, fried to a crunch, served with ketchup

Accompaniments(portion)

KSH 200 each — served alongside main dishes

- Vegetable Rice
- White Rice
- Coconut Rice
- Roast Potatoes
- White Ugali
- Brown Ugali
- Mukimo
- Mashed Potatoes
- Brown / White Chapatis
- Buttered Spaghetti
- Short Pasta
- Garlic Naan
- Buttered Naan
- Pilau
- French Fries
- Mixed Vegetables
- Local Greens (Managu, Terere, Sagaa, Kunde)

All additional accompaniments are charged at KSH 200.

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Pasta Corner

Pasta Alfredo ..... **KSH 500**

A portion of creamy béchamel with bacon, mushroom and parsley, parmesan shavings

Pasta Carbonara ..... **KSH 450**

A portion of crispy bacon, cheese, egg, salt and pepper

Pasta Napolitana ..... **KSH 350**

A portion of rich tomato-based sauce with onions, garlic and herbs

Spaghetti Bolognaise ..... **KSH 500**

A portion of Minced beef in a rich Worcestershire and tomato sauce with herbs

Sandwiches

Chicken Sandwich ..... **KSH 300**

A portion of shredded chicken tossed with onions on toasted bread

Steak Sandwich ..... **KSH 300**

A portion of beef tossed with onions on toasted bread

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Pizza

Classic Margherita Pizza ..... **KSH 1,200**

Light, fluffy crust with sweet tomato, bubbly mozzarella and fragrant basil

Chicken Pizza ..... **KSH 1,200**

Chicken, cheese, onions and garlic

Hawaiian Pizza ..... **KSH 1,200**

Ham and pineapple, mozzarella and a sprinkle of crispy bacon

Pizza Marinara ..... **KSH 1,200**

Tomato-based sauce, extra virgin oil and oregano with garlic, topped with mozzarella

House of Burgers

Beef Burger ..... **KSH 900**

Ground beef on a bed of fresh vegetables with a toasted bun

Grilled Chicken Breast Burger ..... **KSH 900**

Grilled chicken breast on a bed of fresh vegetables with a fresh bun

Ben's Special Burger ..... **KSH 900**

Topped with freshly fried garden onions

Hawaiian Beef Burger ..... **KSH 900**

À LA CARTE MENU

Pastry & Bakery

White / Brown Bread (800g)	KSH 200
Banana Bread	KSH 300
Marble Cake	KSH 250
Strawberry Cake	KSH 250
Russian Stollen Bread	KSH 300
Fruit Cake	KSH 300
Carrot Cake	KSH 250
Chocolate Cake	KSH 200
Vanilla Cake	KSH 250
Orange Cake	KSH 250

Key

- slice -250g

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House of Bites

Beef Samosa (2pcs)	KSH 250
Sticky Chicken (8pcs)	KSH 500
Vegetable Samosa (2pcs)	KSH 200
Fish Fingers (8pcs)	KSH 400
Beef Sausages (2pcs)	KSH 200
Sausage Rolls (2pcs)	KSH 200
Banana Muffins (2pcs)	KSH 300
Jumbo Croissant	KSH 350
Mahamri / Mandazi (2pcs)	KSH 150
Assorted Cake Slices (5 small pcs)	KSH 300
Doughnuts	KSH 150
Danish Pastry	KSH 250
Kaimati	KSH 250
Meat / Chicken Pie	KSH 400

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Hot Beverages

Ginger Tea ..... **KSH 350**
Tea infused with natural ginger flavour (teapot)

Masala Tea ..... **KSH 250**
African mixed tea enhanced with masala (teapot)

Tea / Coffee ..... **KSH 250**
Prepared to the guest's preference (teapot)

Dawa ..... **KSH 350**
An infused concoction of ginger, cardamom and lemon juice served with honey

Special Dawa ..... **KSH 400**
A concoction of lemon juice and turmeric root served with honey

Cold Beverages

Assorted Del Monte Juice ..... **KSH 400**

Mocktails (glass) ..... **KSH 300**

Assorted Sodas ..... **KSH 100**

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Dessert

Carrot Ginger Cake ..... **KSH 850**

Sliced creamed cake served with strawberry ice cream

Chocolate Brownie ..... **KSH 900**

A rich American-style brownie with vanilla ice cream

Passion Cheesecake ..... **KSH 900**

Served with chocolate ice cream, topped with strawberry

White or Black Forest Cake ..... **KSH 900**

Served with chopped blueberries and strawberry in syrup

Prices are inclusive of applicable taxes • Menu items are subject to seasonal availability